Figure S1. Task details. A) Flow of the experiment. B) Healthy eating manipulation. Mean view time was 1634 ms (min. 587 ms, max. 3409 ms, SD 587 ms).

Α

	Ratings Task Health Info		Choice Task		Outcome
ı	Food ratings	Health manipulation	Mouse	Keyboard	One choice realized
ı	(Mean 20 min.)	(Mean 3 min.)	(240 trials)	(40 trials)	ı

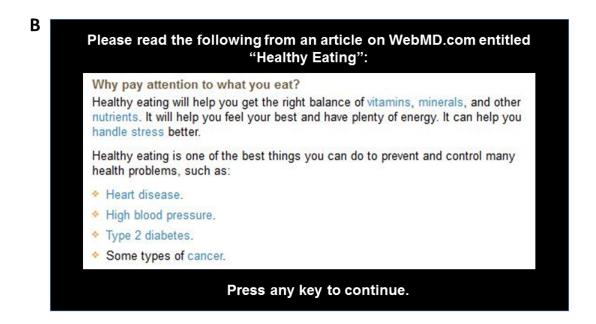


Figure S2. Mediation analyses. A) Analysis of the mediation effect final taste attribute weights have on the association between the earliest significance time of taste and self-control success ratios (SCSRs). B) Analogous analysis for the health.

